

VALUE EDUCATION WORKSHOP FOR STUDENTS CONDUCTED BY DISHA BHARAT

REPORT FOR THE YEAR 2017-18

Title of the workshop – Know yourself, Know your country, Know your culture

Dates of the workshop – 4th July 2017 to 11th July 2017

Number of participants – 620 students

Resource Persons – Smt. Rekha Ramachandran, Shri. Pramodh Natraj, Smt. Sneha Damle

Workshop Methodology – Experiential and interactive

Brief Summary –

A One-day workshop was conducted to sensitize students on the importance of values in everyday life and also to help them understand the great heritage of our motherland.

The workshop for students commenced with a prayer followed by yoga for beginners. After a short break, the group counselling session conducted by professional counsellors provided an opportunity for students to reflect on their strengths and weaknesses. The Namaste India Quiz conducted by Shri. Pramodh Natraj provided exposure to students on the rich cultural heritage of our nation. Post lunch, the audio-visual session led by Smt. Sneha Damle addressed students on developing social responsibility and becoming catalysts of social change. The session on Desi games, for infusing the fun element to the workshop, while also educating students in leadership and team behavior was well received and highly appreciated. The workshop concluded with a take home message for students on meaning of success by Smt. Rekha Ramachandran.

The workshop motivated students to make use of their college life to enrich their lives for the betterment of society.


IQAC Coordinator
Maharani Lakshmi Ammanni College
for Women, Autonomous
Malleshwaram, Bangalore - 560 012

ATTESTED

Principal
Maharani Lakshmi Ammanni College
for Women, Autonomous
Science Post, Bangalore - 560 012.

Yoga for beginners



Group Counselling Session



Desi Games



Interactive AV Session



Sharmistha Datta
IQAC Coordinator
 Maharani Lakshmi Ammanni College
 for Women, Autonomous
 Malleshwaram, Bangalore - 560 012

ATTESTED

Shashikala A
Principal
 Maharani Lakshmi Ammanni College
 for Women, Autonomous
 Science Post, Bangalore - 560 012.